

SUN SMART POLICY



Help for non-English speakers

If you need help to understand the information in this policy please contact the school.

PURPOSE

- To develop an awareness of the dangers of exposure to the sun and the need for protective measures.
- To develop positive attitudes and responsible behaviours towards skin protection.
- To encourage practices that can reduce the incidence of skin cancer.

POLICY STATEMENT

To implement this policy:

- The program should be seen as a joint responsibility involving students, parents and teachers.
- The Sun Smart policy will be enforced from the beginning of September to the end of April.
 (During these months, students are required to wear <u>school hats</u> which protect the face, neck and ears whilst outside).
- Parents will be encouraged to send suitable sunscreen to school for children's use.
 SPF 50+ broad spectrum water resistant sunscreen will also be made available for all staff and students at school.
- Students will be directed to stay under covered areas if they do not have their hats.
- Students will be encouraged to use available areas of shade for outdoor play activities.
- Students will be presented with class programs on skin protection and vitamin D.
- The Sun Smart Policy will be regularly reinforced in a positive way through newsletters, parent meetings and student and teacher activities.
- Outdoor activities will be held in areas of shade whenever possible.
- Staff will be encouraged to act as role models by practising Sun Smart behaviour.

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IMPLEMENTATION AND ADMINISTRATION

- Parents will be informed of the school's Sun Smart Policy when enrolling their child.
- Parents will be requested to purchase a <u>school hat</u> for their child's use.
- Parents will be encouraged to provide broad spectrum, water resistant sunscreen suitable for their child's use.
- Teachers will encourage children to apply their sunscreen on a daily basis from the beginning of September to the end of April.
- Where feasible, schedule outdoor activities, such as assemblies, sport and physical education lessons outside the high-risk time of 10.00am-2.00pm (11.00am-3.00pm daylight saving time).
- School Council will work towards increasing and/or maintaining shade, particularly in areas where students congregate.
- Students will be directed to play in shaded areas if they do not have their hats with them.
- Support a "no hat-play in the shade" policy.
- Students will be encouraged to wear appropriate clothing during outdoor school activities Example: Wearing a T-shirt over bathers at swimming sports.
- More shaded areas to be established within the school grounds.
- Sun Smart teachers' resources/materials/kits suitable for program development.
- School hats available for purchase at Uniform sales.
- Liaison with the Anti-Cancer Council to ensure access to the most up-to-date resources.

POLICY REVIEW AND APPROVAL

This policy will be reviewed every three years or earlier as required.

School Council consultation is recommended before Principal approval.

Approval

Created date	20 th February 2023
Consultation	School Council meeting – 7 th March 2023
Endorsed by	James Penson – Principal & School Council
Endorsed on	7 th March 2023
Next review date	March 2026